

<b>Penn St.</b>	<b>Illinois</b>	<b>Ohio St.</b>	<b>Purdue</b>	<b>Michigan</b>	<b>Iowa</b>	<b>Minnesota</b>	<b>Northwestern</b>	<b>Mich. St.</b>	<b>Indiana</b>
Pomorin	Arnold	Avila	Hudson	P. Blain	T. Blain	Buege	McCollum		
Meeks	K. Noon	Zell	Minkus	Hennelly	Jennrich	Menheer	As. Norwood		
J. Pfeiffer	D. Dahlke	Griffin	Rotunno	Czaplicki	Washington	Braverman	Ar. Norwood		
J. Steele	Grote	Heinrich	Hibbing	Hoffman	Z. Styx	T. Jones	C. Miller		

<b>USC</b>	<b>UCLA</b>	<b>Oregon</b>	<b>Oregon St.</b>	<b>Arizona</b>	<b>Arizona St.</b>	<b>Washington</b>	<b>Washington St.</b>	<b>Stanford</b>	<b>Cal</b>
Dalley	Eder	Fell	Grant	Z. Ptasienski	Craig	Metzelaar	Goggin		
Hough	Forney	Johnson	Wright	J. Miller	Mruk	Hunecke	Abbinanti		
M. Pfeiffer	Bradshaw	Gomez	Pawlak	Smith	Beckman	Tognocchi	Summers		
S. Afryl	Spencer	Mink	Baldino		Clark	Pohlman	Crow		

1. Big 10 and Pac 10

Head-to-head each week

Scoring based on weight room attendance, grades, tardies, and weekly competitions in lifts

2. Frosh will be placed on teams after spring break

Must be above a 50% to be placed on a team

Five frosh who played with the sophs were put onto a team just to create an even number of teams

3. Any soph or junior below 60% will be dropped from their team and placed on a team together (Stanford, Cal, IU, and MSU)

4. Objectives of Lifting Teams:

Build team unity (purposefully tried to put strangers together)

Increase motivation through competition and peer pressure

Monitoring of grades and behavior by the coaches

5. Team leaders are TBD